

BAHAR

RESTAURANT

Traditional Afghan &
Persian Cuisine

حلال



HALAL

open
7
days

Dine In or Takeaway

 **8677 7335**

10% off on all takeaways

Major Cards Accepted



Appetizers

Mantu (dumplings) \$16

Steamed lamb mince dumpling with tomato, onion and garlic sauce topped with yoghurt and dried mint

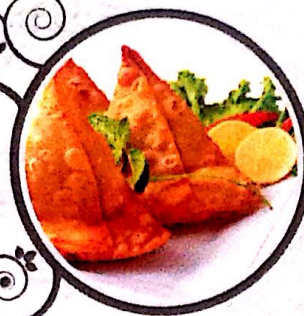


Borani Badenjan \$12

Sautéed eggplant, bell peppers, sliced tomatoes, sprinkled with mint and topped with yogurt

Afghan Sambosa (2 piece) \$6

Deep fried pastry package filled with spicy mixture of potatoes and green peas served with Chutney sauce



Rice Meals

Qabuli Palaw \$17

Seasoned rice with tender chunks of lamb under a heaping sweet carrot strips and raisins, served with salad, afghan bread and chutney sauce

Chicken Biryani - \$16

Rice cooked with Chefs special marinated chicken covered with colourful saffron, served with salad, afghan bread and chutney sauce



Lamb Biryani - \$17

Chefs special marinated lamb cooked with basmati rice & traditional herbs and special spices, served with salad, afghan bread and chutney sauce



Narinji Palaw - \$17

White basmati rice topped with sweet Narinji Palaw cooked with pistachio, Almonds & cardamom served with salad, afghan bread and chutney sauce

Kebabs (BBQ)

Shami Kebab \$11

2 skewers of Lamb mince marinated with garlic, pepper, onion and coriander grilled on natural charcoal, served with salad, afghan bread and chutney sauce.



Murgh Kebab \$13

2 skewers of chicken marinated with traditional afghan spices, grilled on natural charcoal, served with salad, afghan bread and chutney sauce.

Tikka Kebab \$13

2 skewers of Lamb back strap pieces marinated with onion, garlic and herbs grilled on natural charcoal. Served with salad, afghan bread and chutney sauce.



Dehqan Kebab

1 skewer **\$11** 2 skewers **\$20**

Chicken marinated overnight in special herbs, spices and garlic, broiled on a skewer, served with salad, afghan bread and chutney sauce

Chopan Kebab

1 skewer **\$11** 2 skewers **\$20**

Marinated lamb lion chops simply charcoal grilled served with salad, afghan bread and chutney sauce





Mix kebab 3 skewer \$16

1 skewer of each kebab, (*chicken, shami & tikka*), marinated in special herbs and spices, served with salad, afghan bread and chutney sauce

Chaplee Kebab \$ 15

Ground beef mixed with chopped onion, green pepper, egg yolk and special dried hot pepper and seasonings, served with chutney sauce



Persian Dish

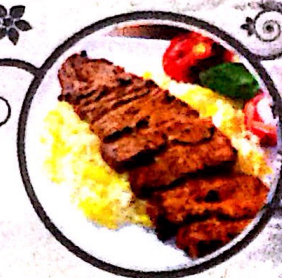


Joojeh Kebab \$ 13

1 skewer of marinated boneless chicken, grilled, served with basmati rice, grilled tomato and green chilli served with afghan bread

Barg \$17

1 skewer Lamb backstrap tenderised and sliced, served with aromatic basmati rice, grilled tomato and green chilli and afghan bread



Koobidah \$16

2 skewer lamb minced marinated with onion, basmati rice and spices, full of flavour, all Persian favourite, served with aromatic basmati rice, grilled tomato, green chilli afghan bread

Soltani Kebab \$20

White basmati rice served with 1 skewer shami and 1 skewer backstrap kebab, salad, afghan bread and chutney sauce



Shahi Kebab - \$16

Seasoned rice served with 1 skewer chicken and 1 skewer of shami kebab, served with salad, afghan bread and chutney sauce



Shirazi Salad \$5

Diced cucumber, Tomato and onion with lemon, black pepper and mint dressing.

Ghormeh Sabzi \$13

Chunks of lamb cooked with sautéed herbs, red kidney beans and dried lime, served with fluffy basmati rice and afghan bread



Baghali Palaw \$ 17

Tender slow cooked lamb shank with green rice (*mixture of rice, broad beans, dill herbs*) and Persian spices, served with afghan bread

Traditional Afghan Curry

Served as MILD, MEDIUM or HOT

Chicken Karahe \$15

Chicken pieces cooked, chef's special spices, tomato base sauce finished with onion, tomato & capsicum served with afghan bread



Dopeyazah \$16

Traditional afghan lamb dish Slow cooked with onion, lentils ginger gravy, garlic with chef's special spices served with salad, chutney sauce and afghan bread



Lamb Korma \$16

Slow cooked Lamb with tomato and onion gravy topped with grind almonds mixed with thick cream



Bahar Special Pack

Platter 1 \$75

12 Skewers of mix kebab, tikka, chicken and shami served with salad, afghan bread and chutney sauce.

4 Plates of Plain Rice

\$15 Extra



Platter 2 \$85

12 Skewers of mix kebab, chopan, tikka, dehqan, chicken and shami served with salad, afghan bread and chutney sauce.



4 Plates of Plain Rice **\$15 Extra**

Sides

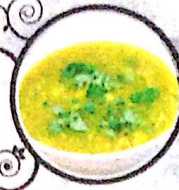


Raita \$3

(Yoghurt dip) shredded cucumbers, onions and herbs

Chicken Soup \$5

Shredded chicken with herbs, spices and variety of veggies



Chips

Medium **\$5**



Large **\$7**

White Saffron Rice \$6

Seasoned Palaw Rice \$8



Desserts



Jalaby **\$3**



Saffron Halwa **\$5**



Gulab Jaman **\$5**

Beverages

Dough (Natural Yogurt Drink) 1 Glass **\$3** Jug **\$10**

Mango Lassi

1 Glass **\$4**

Persian Fizzy Drink **\$3.50**

Water **\$2**

Soft Drink Cans **\$2.50**

Bottle **\$3.50**



BAHAR
RESTAURANT



8677 7335

194 Merrylands Road
Merrylands NSW 2160